

Feature Items

Early February 2012



Japanese Eggplant

A longer, thinner variety than Globe eggplant, the Japanese type also has deep purple skin with meaty texture and many soft, edible seeds. Cooking removes their bitter flavor and develops earthy, complex notes that pair well with garlic, nuts, and tomatoes. Japanese eggplants are ideal in curries, dips, pasta dishes, and stir-fries. Available most of the year, they are typically packed in 10- and 25-pound boxes.



Pummelos

Pummelos, also called Chinese grapefruit, are large, round, citrus fruits with thick yellowish-green to bright yellow skins. Their flesh is light pink and milder/sweeter than that of their grapefruit cousins. Chefs like to use them in green salads, seafood dishes, and custard-based desserts. Their mildly tangy flavor pairs well with avocados, chile peppers, and spinach. In season October through May, pummelos are shipped in 6-, 8-, 10-, and 14-count packs.



Rambutan

Related to lychees, rambutans are pearly white, gelatinous fruits covered in reddish-black shells with hair-like spikes. Their shells are approximately two inches in diameter and can be easily split to reveal the sweet, translucent inner flesh and a hard pit. Their flavor is comparable to that of lychees or longans, in other words, like flowery grapes. Use rambutans in fruit salads and tropical beverages, or over ice cream. Available through May, they are typically packed in seven-pound boxes.

Calendar

Updates

February

- 2: Groundhog Day
- 14: Valentine's Day
- 20: Presidents' Day (USA)
- 21: Fat Tuesday (Mardi Gras)
- 22: Ash Wednesday

March

- 11: Daylight Saving Time Begins
- 17: St. Patrick's Day

In Season*

Hot-house rhubarb (15-lb. box), kumquats (5- and 10-lb. packs), tamarinds (5-, 10-, and 35-lb. box), white peaches (48- and 50-ct. packs), mandarinquats (9-lb. box), Cara Cara oranges (20-lb. pack), watermelon radishes (9-ct. box), oro blancos (18- to 23-ct. packs), yuzu (10- and 18-lb. boxes), blood oranges (18-lb. pack), Buddha's hand (by the count), Meyer lemons (10-lb. pack), sunchokes (5- and 10-lb. boxes), longan (13-lb. pack), Satsuma Mandarin oranges (25-lb. boxes), Hedgehog mushrooms (1-lb. pack), cocktail grapefruit (48-ct. box), Fava beans (10- and 25-lb. packs), cherimoya (10-lb. box), and Horn melons (12-ct. pack).

Season Ended

Concorde pears (48-ct. box), puntarella (6- and 12-lb. packs), finger limes (8/1-lb. boxes), green olives (15-lb. pack), 20th Century Tottori pears (26-lb. box), brown figs (1-layer pack), and red currant berries (12-ct. half-pints).

* Please check with your sales representative for lead times

Limited Supplies

Sharon fruit (1-layer pack), star fruit (8-lb. box), squash blossoms (100-ct. pack), dandelion greens (12-ct. box), green kale (24-ct. pack), baby artichokes (20-lb. box), dragon fruit (6- and 10-lb. packs), Teardrop tomatoes (12-ct. box), baby corn (100-ct. pack), papayas (35-lb. box), green mangoes (50-lb. pack), passion fruit (1-layer box), Kaffir lime leaves (5- and 10-lb. packs), Mexican squash (25-lb. box), Chinese long beans (35-lb. pack), and Japanese cucumbers (10-lb. box).

On The Horizon

French prune plums (20-lb. pack), fiddlehead ferns (1- and 5-lb. boxes), baby kiwifruit (12-ct. pack), Ataulfo mangoes (8- to 14-ct. boxes), and jackfruit (2-ct. pack).

